# 2019 Health Net Medicare Advantage Plan Information

Thank you for your interest in applying for the HealthNet Medicare Advantage plan. Below are links to the items which are part of the Enrollment Packet you would receive if we were to mail it to you. Please take note and make sure to review the information. Health Net will send out an outbound enrollment verification letter by mail within 15 calendar days from receipt of the enrollment request.

#### Enrollment Packet – click links below to view the information

Star Rating: PPO

**Download Application** 

Benefits: Aqua / Violet 1 / Violet 2

Provider Search
Pharmacy Search

<u>Formulary</u>

#### Initial Enrollment Period (IEP)

If you are new to Medicare, you can enroll during your Initial Enrollment Period (IEP); the three months before, the month of, and the three months after your Part B effective date. Once you have been enrolled in a Medicare Plan, you can only make changes during the Annual Enrollment Period (AEP). Please be aware of the AEP dates are now October 15<sup>th</sup> to December 7<sup>th</sup>. This will give you a January 1<sup>st</sup> effective date for your new plan.

#### Annual Enrollment Period (AEP)

Applications must be signed and dated on, or between October 15<sup>th</sup> and December 7<sup>th</sup>. *If they are signed prior to October 15<sup>th</sup> they will be returned to you with a new application.* If they are received after December 7<sup>th</sup>, you will not be able to change plans until the next AEP for January of the following year.

#### Special Enrollment Period (SEP)

There are a number of reasons for Special Enrollments; Loss of a job that provides benefits, death of a spouse who's plan provided benefits, moving to an area where your old plan is not available, etc...

Once you submit your application to us, we will review your application for completeness and accuracy before we submit it to the company. You may fax, upload, email or mail your application in to CDA Insurance:

CDA Insurance LLC

PO Box 26540

Eugene, Oregon 97402

Fax: 1.541.284.2994 or 888.632.5470

Secure File Upload: Click here Email: cs@cda-insurance.com

If you should have any questions on the application, please call a licensed insurance agent at 1.800.884.2343 or 1.541.434.9613. Our website: https://medicare-washington.com

Y0062 MULTIPLAN CDA INSURANCE Washington 2019

# This is your Summary of Benefits.

# 2019

Health Net Aqua (PPO) H5439: 010
Benton, Clackamas, Lane, Linn, Marion, Multnomah,
Polk, Washington, and Yamhill Counties, OR; Clark
County, WA



This booklet provides you with a summary of what we cover and your cost-sharing responsibilities. It doesn't list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, please call us at the number listed on the last page, and ask for the "Evidence of Coverage" (EOC), or you may access the EOC on our website at or.healthnetadvantage.com.

You are eligible to enroll in Health Net Aqua (PPO) if:

- You are entitled to Medicare Part A and enrolled in Medicare Part B. Members must continue to pay their Medicare Part B premium, if not otherwise paid for under Medicaid or by another third party.
- You permanently reside in the service area of the plan (in other words, your permanent residence is within one of the Health Net Aqua (PPO) service area counties). Our service areas include the following counties in Oregon: Benton, Clackamas, Lane, Linn, Marion, Multnomah, Polk, Washington, Yamhill; Clark County, Washington.
- You do not have end-stage renal disease (ESRD). (Exceptions may apply for individuals who
  develop ESRD while enrolled in a Health Net commercial or group health plan, or a Medicaid
  plan.)

With Health Net's Aqua PPO Medicare Advantage plan, you'll enjoy the freedom and flexibility to access your health care where you want it and when you want it. You may seek care from any Medicare provider in the country who agrees to see you as a Medicare member, but you'll generally pay less when you use contracting providers in our network. Either way, doctor visits, hospital stays and many other services have a simple copayment, which helps make health care costs more predictable.

You can see our plan's provider directory at our website at or.healthnetadvantage.com.

# Summary of Benefits

**JANUARY 1, 2019-DECEMBER 31, 2019** 

Benefits	lealth Net Aqua (PPO) H5439- 010 remiums / Copays / Coinsurance		
	In-Network	Out-of-Network	
Monthly Plan Premium	\$45 You must continue to pay your Medicare Part B premium.		
Deductible	\$125 deductible combined in-network and out-of-network covered medical services		
Maximum Out-of-Pocket	• \$2,500 in-network annually		
Responsibility	• \$5,100 combined in- and out-of-ne	twork annually	
	This is the most you will pay in copays and coinsurance for medical services for the year.		
Inpatient Hospital Coverage*	• \$175 copay per day, days 1 through 8	• \$200 copay per day, days 1 through 8	
	\$0 copay per day, days 9 and beyond	\$0 copay per day, days 9 and beyond	
Outpatient Hospital*	Outpatient Hospital (includes observation services):\$175 copay per visit	Outpatient Hospital (includes observation services):\$200 copay per visit	
	Ambulatory Surgical Center: \$150 copay per visit	Ambulatory Surgical Center: \$175 copay per visit	
Doctor Visits*	Primary Care: \$12 copay per visit	Primary Care: \$20 copay per visit	
	Specialist: \$25 copay per visit	Specialist: \$40 copay per visit	
Preventive Care	\$0 copay	\$0 copay	
(e.g., flu vaccine, diabetic screening)	Other preventive services are available. Cost-sharing may apply when other services are received in addition to the preventive service.		
Emergency Care	\$120 copay per visit		
	You do not have to pay the copay if admitted to the hospital immediately.		

Benefits	Health Net Aqua (PPO) H5439- 010	
	Premiums / Copays / Coinsurance	
	In-Network	Out-of-Network
Urgently Needed Services	\$25 copay per visit	\$50 copay per visit
	Copay is not waived if admitted to	hospital.
Diagnostic Services/	Lab services: \$0 copay	Lab services: \$0 copay
Labs/Imaging*	• Diagnostic tests and procedures: 0% - 15% coinsurance	<ul> <li>Diagnostic tests and procedures:</li> <li>0% - 20% coinsurance</li> </ul>
	X-ray services: \$12 copay	• X-ray services: \$20 copay
Hearing Services	Hearing exam (Medicare- covered): \$25 copay per visit	Hearing exam (Medicare- covered): \$40 copay per visit
Dental Services	Dental services (Medicare- covered): \$25 copay	Dental services (Medicare- covered): \$40 copay
	Additional preventive and compret for an extra premium. See optiona	nensive dental benefits are available supplemental benefits section.
Vision Services	Vision exam (Medicare-covered):     \$10 copay	<ul><li>Vision exam (Medicare-covered): \$40 copay</li></ul>
	Routine eye exam: \$10 copay	Routine eye exam: \$10 copay
	Routine eyewear: up to \$250 allowance for every 2 calendar years	<ul> <li>Routine eyewear: up to \$250 allowance for every 2 calendar years</li> </ul>
Mental Health Services*	Individual and group therapy: \$25 copay per visit	Individual and group therapy: \$40 copay per visit
Skilled Nursing Facility*	For each benefit period, you pay:	For each benefit period, you pay:
	\$0 copay per day, days 1 through 20	\$0 copay per day, days 1 through 20
	\$170 copay per day, days 21 through 100	\$220 copay per day, days 21 through 100
Physical Therapy*	\$25 copay per visit	\$40 copay per visit
Ambulance*	\$100 copay (per one-way trip)	\$100 copay (per one-way trip)
Transportation*	Not Covered	

Benefits	Health Net Aqua (PPO) H5439- 010 Premiums / Copays / Coinsurance	
	In-Network	Out-of-Network
Medicare Part B Drugs*	Chemotherapy drugs: 15% coinsurance	Chemotherapy drugs: 20% coinsurance
	Other Part B drugs: 15% coinsurance	Other Part B drugs: 20% coinsurance

	Additional Covered Bene	efits
Benefits Health Net Aqua (PPO) H5439- 010		
	Premiums / Copays / Coinsurance	
	In-Network	Out-of-Network
Chiropractic Care*	<ul> <li>Chiropractic services (Medicarecovered): \$15 copay per visit</li> <li>Routine chiropractic services: \$15 copay per visit (24 visits per year combined with acupuncture and naturopathy)</li> </ul>	<ul> <li>Chiropractic services (Medicare-covered): \$15 copay per visit</li> <li>Routine chiropractic services: \$15 copay per visit (24 visits per year combined with acupuncture and naturopathy)</li> </ul>
Acupuncture*	Acupuncture: \$15 copay per visit (24 visits per year combined with routine chiropractic and naturopathy)	Acupuncture: \$15 copay per visit (24 visits per year combined with routine chiropractic and naturopathy)
Medical Equipment/ Supplies*	<ul> <li>Durable Medical Equipment (e.g., wheelchairs, oxygen):         <ul> <li>15% coinsurance</li> </ul> </li> <li>Prosthetics (e.g., braces, artificial limbs): 15% coinsurance</li> <li>Diabetic supplies: \$0 copay</li> </ul>	<ul> <li>Durable Medical Equipment (e.g., wheelchairs, oxygen):</li> <li>20% coinsurance</li> <li>Prosthetics (e.g., braces, artificial limbs): 20% coinsurance</li> <li>Diabetic supplies: \$0 copay</li> </ul>
Foot Care* (Podiatry Services)	Foot exams and treatment (Medicare-covered): \$25 copay per visit	Foot exams and treatment (Medicare-covered): \$40 copay per visit
Virtual Visit	Teladoc offers 24 hours a day/7 days a week/365 days a year virtual visit access to board certified doctors to help address a wide variety of health concerns/questions.	
Wellness Programs	<ul> <li>Fitness program: \$0 copay</li> <li>24-hour nurse advice line: \$0 copay</li> <li>Supplemental smoking and tobacco use cessation (counseling to stop smoking or tobacco use): \$0 copay</li> <li>For a detailed list of wellness program benefits offered, please</li> </ul>	<ul> <li>Fitness program: \$0 copay</li> <li>24-hour nurse advice line: \$0 copay</li> <li>Supplemental smoking and tobacco use cessation (counseling to stop smoking or tobacco use): \$0 copay</li> <li>For a detailed list of wellness program benefits offered, please</li> </ul>

Benefits	Additional Covered Benefits Health Net Aqua (PPO) H5439- 010 Premiums / Copays / Coinsurance	
	In-Network	Out-of-Network
Worldwide Emergency Care	\$50,000 plan coverage limit for supplemental urgent/emergent services outside the U.S. and its territories every year.	\$50,000 plan coverage limit for supplemental urgent/emergent services outside the U.S. and its territories every year.
Routine Annual Exam	\$0 Copay	\$0 Copay

# **Optional Supplemental Benefits**

(you must pay an extra premium each month for these benefits)

## **Preventive and Diagnostic Plus Dental PPO**

#### **Monthly Premium**

This additional monthly premium is in addition to your monthly plan premium and the monthly Medicare Part B premium.

\$19 per month

#### **Preventive Dental Care**

You can see any licensed dentist to receive covered preventive services; however, you pay a little more to use providers who are out-of-network.

Dental Care Benefits		
	In-network	Out-of-network
Annual deductible	\$35 in- and o	ut-of-network
(deductible applies to all services)	(applies to a	all services)
Annual benefit maximum	\$500 in- and out-of	-network combined
Preventive services:	Covered at 100%	You pay 20%
Oral exams, cleanings (prophylaxis), fluoride treatment, dental x-rays – 1 set of preventive x-rays (up to 4 bitewing x-rays)		

# **Optional Supplemental Benefits**

(you must pay an extra premium each month for these benefits)

### **Comprehensive Dental PPO**

#### **Monthly Premium**

\$39 per month

This additional monthly premium is in addition to your monthly plan premium and the monthly Medicare Part B premium.

#### Preventive/Comprehensive Dental Care

You can see any licensed dentist to receive covered preventive and/or comprehensive services with minor restorative and non-surgical periodontics; however, you pay a little more to use providers who are out-of-network.

Dental Care Benefits		
	In-network	Out-of-network
Annual deductible (deductible applies to all services)	\$50	\$100
Annual benefit maximum	\$1,000 in- and out-o	f-network combined
Preventive services:	Covered at 100%	You pay 50%
Oral exams, cleanings (prophylaxis), fluoride treatment, dental x-rays – 1 set of preventive x-rays (up to 4 bitewing x-rays)		
Diagnostic services:	Covered at 100%	You pay 50%
General services: fillings, general anesthetics	You pay 20%	You pay 50%
Major services: crowns, removable and fixed bridges, complete and partial dentures, oral surgery, periodontics, endodontics	You pay 50%	You pay 50%



#### Section 1557 Non-Discrimination Language Notice of Non-Discrimination

Health Net complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Health Net does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

#### Health Net:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, accessible electronic formats, other formats).
- Provides free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages.

If you need these services, contact Health Net's Customer Contact Center at California: 1-800-431-9007 (Jade, Sapphire, Amber, and HMO SNP), 1-800-275-4737 (all other HMO); Oregon: 1-888-445-8913 (HMO and PPO) (TTY: 711).

From October 1 to March 31, you can call us 7 days a week from 8 a.m. to 8 p.m. From April 1 to September 30, you can call us Monday through Friday from 8 a.m. to 8 p.m. A messaging system is used after hours, weekends, and on federal holidays.

If you believe that Health Net has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by calling the number above and telling them you need help filing a grievance; Health Net's Customer Contact Center is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW, Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019 (TDD: 1-800-537-7697).

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

Health Net is contracted with Medicare for HMO, HMO SNP and PPO plans, and with some state Medicaid programs. Enrollment in Health Net depends on contract renewal.

FLY023053EK00 (8/18)

ARABIC	تنبيه: إذا كنت تتحدث العربية، فإن خدمات المساعدة اللغوية المجانية متاحة لك. يُرجى الاتصال بالرقم. California: 1-800-431-9007 (Jade, Sapphire, Amber, and HMO SNP), (HMO and PPO) (Oregon: 1-888-445-8913 (HMO and PPO) مكبلا و مصلا فــتــا هـ مـقــر: 711).
ARMENIAN	ՈՒՇԱԴՐՈՒԹՅՈՒՆ՝ Եթե խոսում եք հայերեն, ապա ձեզ անվձար կարող են տրամադրվել լեզվական աջակցության ծառայություններ։ Զանգահարեք։ California։ 1-800-431-9007 (Jade, Sapphire, Amber, and HMO SNP), 1-800-275-4737 (all other HMO) (TTY: 711).
CHINESE	注意:如果您說中文,您可以免費獲得語言援助服務。請致電California: 1-800-431-9007 (Jade, Sapphire, Amber, and HMO SNP), 1-800-275-4737 (all other HMO); Oregon: 1-888-445-8913 (HMO and PPO) (TTY: 711)。
CUSHITE	XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa Oregon: 1-888-445-8913 (HMO and PPO) (TTY: 711).
FRENCH	ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le Oregon: 1-888-445-8913 (HMO and PPO) (TTY: 711).
GERMAN	ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer Oregon: 1-888-445-8913 (HMO and PPO) (TTY: 711).
HINDI	ध्यान दें: यदि आप हिंदी बोलते है, आपको भाषा सहायता सेबाएं, नि:शुल्क उपलब्ध हैं। कृपया California: 1-800-431-9007 (Jade, Sapphire, Amber, and HMO SNP), 1-800-275-4737 (all other HMO) (TTY: 711). पर कॉल करें।
HMONG	LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau California: 1-800-431-9007 (Jade, Sapphire, Amber, and HMO SNP), 1-800-275-4737 (all other HMO) (TTY: 711).
JAPANESE	注意事項:日本語を話される場合、無料の言語支援サービスをご利用いただけます。California: 1-800-431-9007 (Jade, Sapphire, Amber, and HMO SNP), 1-800-275-4737 (all other HMO); Oregon: 1-888-445-8913 (HMO and PPO) (TTY:711) にお電話ください。
KOREAN	주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. California: 1-800-431-9007 (Jade, Sapphire, Amber, and HMO SNP), 1-800-275-4737 (all other HMO); Oregon: 1-888-445-8913 (HMO and PPO) (TTY: 711) 번으로 전화해 주십시오.

MON-KHMER CAMBODIAN ចណាបអារម្មណៈ បេសនអ្នកនយាយភាសាខ្មែរ សេវាជនួយភាសាដោយឥតគតថ្លៃ គមានសរាបអ្នក។ សូម ទូរស័ព្ទទៅលេខCalifornia: 1-800-431-9007 (Jade, Sapphire, Amber, and HMO SNP), 1-800-275-4737 (all other HMO); Oregon: 1-888-445-8913 (HMO and PPO) (TTY: 711) ។

PERSIAN

توجه: اگر زبان شما فارسی است، خدمات امداد زبانی به طور رایگان در اختیار شما می باشد. لطفاً با شماره ,(California: 1-800-431-9007 (Jade, Sapphire, Amber, and HMO SNP) (HMO and PPO) -275-4737 (all other HMO); Oregon: 1-888-445-8913 (HMO and PPO) تماس بگیرید.

PUNJABI

ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਤੁਹਾਡੇ ਲਈ ਭਾਸ਼ਾ ਸਹਾਇਤਾ ਸੇਵਾਵਾਂ ਬਿਲਕੁਲ ਮੁਫ਼ਤ ਉਪਲਬਧ ਹਨ। ਕਿਰਪਾ ਕਰਕੇ California: 1-800-431-9007 (Jade, Sapphire, Amber, and HMO SNP), 1-800-275-4737 (all other HMO) (TTY: 711) 'ਤੇ ਕਾੱਲ ਕਰੋ।

ROMANIAN

ATENȚIE: Dacă vorbiți limba română, vă stau la dispoziție servicii de asistență lingvistică, gratuit. Sunați la Oregon: 1-888-445-8913 (HMO and PPO) (TTY: 711).

RUSSIAN

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните California: 1-800-431-9007 (Jade, Sapphire, Amber, and HMO SNP), 1-800-275-4737 (all other HMO); Oregon: 1-888-445-8913 (HMO and PPO) (TTY: 711).

SPANISH

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al California: 1-800-431-9007 (Jade, Sapphire, Amber, and HMO SNP), 1-800-275-4737 (all other HMO); Oregon: 1-888-445-8913 (HMO and PPO) (TTY: 711).

TAGALOG

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa California: 1-800-431-9007 (Jade, Sapphire, Amber, and HMO SNP), 1-800-275-4737 (all other HMO) (TTY: 711).

THAI

เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร California: 1-800-431-9007 (Jade, Sapphire, Amber, and HMO SNP), 1-800-275-4737 (all other HMO); Oregon: 1-888-445-8913 (HMO and PPO) (TTY: 711).

UKRAINIAN

УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером Oregon: 1-888-445-8913 (HMO and PPO) (TTY: 711).

VIETNAMESE

CHÚ Ý: Nếu quý vị nói tiếng Việt, chúng tôi sẵn có dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho quý vị. Xin gọi California: 1-800-431-9007 (Jade, Sapphire, Amber, and HMO SNP), 1-800-275-4737 (all other HMO); Oregon: 1-888-445-8913 (HMO and PPO) (TTY:711).

#### For more information, please contact:

Health Net Life Insurance Company Health Net Aqua (PPO) PO Box 10420 Van Nuys, CA 91410-0420

or.healthnetadvantage.com

Current members should call: 1-888-445-8913 (TTY: 711)

Prospective members should call: 1-800-949-6192 (TTY: 711)

From October 1 to March 31, you can call us 7 days a week from 8 a.m. to 8 p.m. From April 1 to September 30, you can call us Monday through Friday from 8 a.m. to 8 p.m. A messaging system is used after hours, weekends, and on federal holidays.

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

This information is not a complete description of benefits. Call 1-888-445-8913 (TTY: 711) for more information.

"Coinsurance" is the percentage you pay of the total cost of certain medical services.

This document is available in other formats such as Braille, large print or audio.

The provider network may change at any time. You will receive notice when necessary.

Health Net is contracted with Medicare for HMO, HMO SNP and PPO plans, and with some state Medicaid programs. Enrollment in Health Net depends on contract renewal.

Out-of-network/non-contracted providers are under no obligation to treat Health Net members, except in emergency situations. For a decision about whether we will cover an out-of-network service, we encourage you or your provider to ask us for a pre-service organization determination before you receive the service. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

SBS023804EO00 (7/18)